

RETURNING TO WORK

Leave for own injury or illness

If your leave is more than **three (3) days in length**, you must meet with and be **cleared by Employee Health Services before returning to work**. To schedule an appointment, please contact Employee Health Services directly at:

- **Rochester General Hospital:** (585) 922-4076, EHS@rochesterregional.org
- **Unity Hospital:** (585) 723-7880, UEHS@rochesterregional.org
- **Newark-Wayne Community Hospital:** (315) 332-2423, NWCHEHS@rochesterregional.org
- **Clifton Spring Hospital & Clinic:** (315) 462-6636, CSEHS@rochesteregional.org
- **Hill Haven Living and Nursing Rehabilitation:** (585) 922-2280, EHS@rochesterregional.org

For additional information, please visit the [Employee Health Services website](#).

Please Note: if you have not been cleared by Employee Health Services, you will be **unable to return to work** in any capacity and your **access will remain suspended** until you are cleared.

Leave for family member

You must **contact the Leave Administration Department** before returning to work. To ensure a timely return to work, please contact the Leave Administration Department directly at:

- **(585) 922-1100, Option 5**
- LEAVEADMIN@rochesterregional.org

Please note that if you do not contact the Leave Administration Department regarding your return from leave, your **return to work may be delayed and access restricted** until proper notification is received.